



Prior Authorization Checklist

Many times, when weight loss medications are covered by insurance, they require a Prior Authorization (PA).

A PA is when the insurance company requires a health care provider's office to submit specific information about the patient's needs and why a particular treatment is required. PA requirements vary among healthcare insurers.

Please see the PA checklist below for information that may be needed for a weight management prescription medication:

-
- BMI greater than or equal to 30 kg/m², or BMI greater than or equal to 27 kg/m² with at least one weight-related medical condition/risk factor such as – diabetes, high blood pressure, etc.

 - Age - 18 years of age and over

 - Documented program for diet and exercise (e.g., lifestyle modifications)

 - Comorbidities including but not limited to: hypercholesterolemia, hypertension, diabetes, sleep apnea

 - Medications tried and failed

 - Laboratory values including:
 - BP
 - HbA1c
 - Lipid panel

 - Failure to lose \geq 5% of body weight through at least 6 months of lifestyle modification alone (e.g., dietary, or caloric restriction, exercise, behavioral support, community-based program). Document lifestyle modifications employed and total weight loss.

 - Reauthorization is documented loss of 5% body weight at 3 months

 - Applicable ICD-10-CM codes for obesity-related diagnosis and present comorbid conditions
-

The information provided in this checklist is general in nature and is not intended to be conclusive or exhaustive. It is important to review the insurer's guidelines for obtaining a prior authorization, as these can differ depending on the insurer, the medication being prescribed, and other factors.

Accurate completion of reimbursement- or coverage-related documentation is the responsibility of the healthcare provider and patient. Currax and its agents make no guarantee regarding reimbursement for any service or item.