

# Consider these situations and talk to your doctor about cravings and other weight-related struggles

**Check all that apply:**

I'm good all day long but then I reach for ice cream at night

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I often celebrate or reward myself with food

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When I am stressed or upset, I reach for comfort foods

.....

During holidays or special occasions, I find myself eating even when I'm not hungry

## Other weight-related struggles

.....

My weight is holding me back from fully enjoying my life

.....

I feel like my weight interferes with my ability to feel intimate with my partner

.....

At work, I feel like people judge me for my weight, not for my abilities

.....

My weight affects my self-confidence

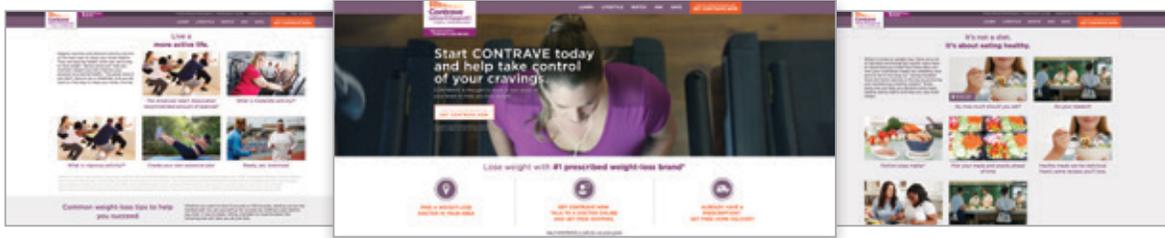
.....

Due to my weight, I feel like I can't keep up with my kids or friends as much as I'd like to

If you checked any of these circles, your weight may be impacting your life.

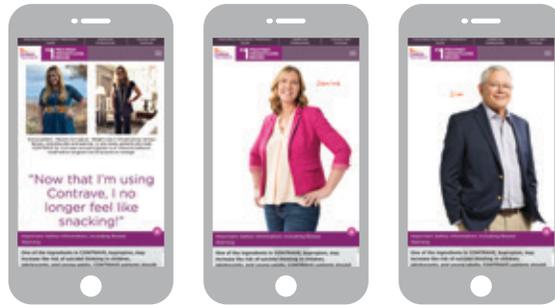
**Talk to your doctor today about weight-loss treatment options.**

# 3 ways to connect with CONTRAVE



1

Visit [CONTRAVE.com/health-and-fitness](https://CONTRAVE.com/health-and-fitness)  
for diet and exercise tips, resources, and more



2

Sign up at [CONTRAVE.com/sign-up](https://CONTRAVE.com/sign-up)  
for weight-loss tips and reminders to help you stay on track



3

Follow **CONTRAVE**  
on Facebook and Instagram for tips to stay on track

Please see Important Safety Information,  
including boxed warning, on next page.

  
**Contrave**<sup>®</sup>  
(naltrexone HCl/bupropion HCl)  
8 mg/90 mg • Extended-Release Tablets

CONTRAVE (naltrexone HCl/bupropion HCl) is a prescription weight-loss medicine that may help adults with obesity (BMI greater than or equal to 30 kg/m<sup>2</sup>), or adults who are overweight (BMI greater than or equal to 27 kg/m<sup>2</sup>) with at least one weight-related medical condition, lose weight and keep the weight off. CONTRAVE should be used along with diet and exercise.

## Important Safety Information

One of the ingredients in CONTRAVE, bupropion, may increase the risk of suicidal thinking in children, adolescents, and young adults. CONTRAVE patients should be monitored for suicidal thoughts and behaviors. In patients taking bupropion for smoking cessation, serious neuropsychiatric adverse events have been reported. CONTRAVE is not approved for children under 18.

**Stop taking CONTRAVE and call your healthcare provider right away** if you experience thoughts about suicide or dying; depression, or anxiety; panic attacks; trouble sleeping; irritability; aggression; mania; or other unusual changes in behavior or mood.

**Do not take CONTRAVE if you:**

- have uncontrolled hypertension
- have or have had seizures or an eating disorder
- use other medicines that contain bupropion
- are dependent on opioid pain medicines, use medicines to help stop taking opioids, or are in opiate withdrawal
- drink a lot of alcohol and abruptly stop drinking, or take sedatives, benzodiazepines, or anti-seizure medicines and you abruptly stop using them
- are taking monoamine oxidase inhibitors (MAOIs). **Do not** start CONTRAVE until you have stopped taking your MAOI for at least 14 days
- are allergic to any of the ingredients in CONTRAVE
- are pregnant or planning to become pregnant or are breastfeeding

**Before taking CONTRAVE, tell your healthcare provider about all of your current or past health conditions.**

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. **Do not take any other medicines while you are taking CONTRAVE unless your healthcare provider says it is okay.**

**If you have a seizure while taking CONTRAVE, stop taking CONTRAVE and call your healthcare provider right away.**

**Additional serious side effects may include:** opioid overdose or sudden opioid withdrawal; severe allergic reactions; increases in blood pressure or heart rate; liver damage or hepatitis; manic episodes; visual problems (glaucoma); and increased risk of low blood sugar (hypoglycemia) in people with type 2 diabetes mellitus who take certain medicines to treat their diabetes.

The most common side effects of CONTRAVE include nausea, constipation, headache, vomiting, dizziness, trouble sleeping, dry mouth, and diarrhea.

**These are not all the possible side effects of CONTRAVE. Please refer to the full Prescribing Information, including Medication Guide, for CONTRAVE.**

You are encouraged to report negative side effects of drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

